

the manifesto of the Music that IS

The **manifesto** of the **Music that IS** opens the portal to the **Way of Freedom**, which enables humanity to recognise all the veils, closures and manipulations that until now have prevented it from **freely perceiving**, and thus **freely expressing**, that which IS. The Way of Freedom allows the true essence of all that IS to be revealed, thus allowing humanity to realise how, through experience in the polarity and matrix, it has closed itself off from the possibility of freely perceiving this essence. Humanity has allowed its capacity for free perception to be enclosed within structures composed of rules, beliefs, expectations, judgements, duties and purposes. On the one hand, this happened because humanity allowed itself to be manipulated by those who wanted, and still would like to subjugate it; on the other hand, this experience of being locked in was necessary to allow human beings to regain their freedom and become aware of their own essence again.

May humanity honour the experience of manipulation, subjugation and closure it has experienced within the matrix.

May humanity thank itself, recognising that gratitude allows for liberation.

May humanity reveal Love, infinite and unconditional Love, for itself and for the Whole.

The manifesto of the Music that IS activates the **potentials for liberation** from all structures within which humanity has enclosed its possibility to freely perceive, and thus freely manifest, **Music**.

To reveal what the Music that IS is, it is necessary to know the unified essence of all that IS.

all that IS, IS
all that IS, is Energy
Energy IS

All manifestation is Energy.

Therefore, all creatures, objects, situations, realities and experiences are Energy.

Energy is the Unity of **Vibration, Light** and **Sound**.

Light and Sound being a Unity, we recognise that any expression of Sound is also an expression of Light and any expression of Light is also an expression of Sound. Therefore, any acoustic manifestation is also expressed in a visual dimension, just as any visual manifestation is also expressed in a sound dimension.

In polar, material reality, when one speaks of light, one considers it in opposition to the absence of light, i.e. darkness.

Similarly, when one speaks of sound, one considers it in opposition to the absence of sound, i.e. silence. If we observe these polarities in their unitary essence, we recognise that Light accommodates in itself light and darkness, Sound accommodates in itself sound and silence.

So, what is the Music that IS?

The Music that IS is the **conscious perception** of sound and silence, which, when recognised and revealed in their Unity, the Sound, make the Miracle of the Music that IS possible. The perception of sound and silence is a **receptive act**, but it is also a **creative act**.

Perceiving also means creating. In the very instant one opens oneself to the conscious listening of Sound, the Unity of sound and silence, one creates the possibility of the Music that IS.

The Music that IS, in the moment, is received and created. The Music that IS, in the moment, IS.

The eternity of the moment allows the fulfilment of the Miracle of the Music that IS.

What is the moment?

The moment is the All that IS in each moment, it is the totality of the nuances that are revealed in each moment.

The moment is past, present and future brought together and transcended in the eternity of the now.

The moment takes in all that has been and reveals it in what IS.

The moment embraces all that can be and reveals it in what IS.

The moment is total re-union.

The moment is total presence.

The moment is eternal Love.

Opening oneself to the conscious and free listening of what IS in the moment, one perceives, from the infinity of possibilities present in the Whole, the nuance of the Music that IS expressed in that moment, thus allowing its revelation.

The Music that IS is revealed and created in the very instant in which one opens oneself to its presence.

Everything in matter is a concretisation of the **divine Breath**, of the Breath of the **Spirit**.

In particular, Music, as a manifestation of the Sound recognised and revealed on Earth,

has had and still has the role of keeping open for humanity the possibility of recognising the divine Breath.

Thanks to its volatile and evanescent characteristics, even in the most closed situations the Sound does not allow the divine Breath to be hidden to such an extent that it is no longer recognisable. Sound has always been and always will be a **portal to infinity**.

By choosing to pass through this portal one sets out on the Path of recognition of the One in oneself and in all things.

During its earthly experience, humanity has become less and less sensitive to listening, both on a subtle and physical level. Its perceptive capacity has closed up more and more, consequently the hearing has also adapted to this closure and has lost sensitivity, limiting itself to only accepting certain frequencies and certain sound structures. Therefore, there has also been a closure in the perception of the divine Breath, which is realised through Sound in a unitary form. Humanity has no longer dedicated itself to listen to the Sound, revealing in it the presence of the Spirit.

How does one reveal the presence of the Spirit in the Sound?

By listening consciously.

And what does it mean to listen consciously?

Consciously perceiving Sound means recognising the listening habits within which one has settled, accepting them with Love, thanking them and choosing to free oneself from them, thus giving oneself the opportunity to listen to Sound in its free and eternal essence.

conscious listening:

has no prejudices

has no expectations

allows elevation

allows one to recognise oneself as One with the Source

welcomes Sound in all its expressions

relies on everything that reaches it

is a celebration

is the fulfilment of a Miracle

is the revelation of the Essence

IS

The celebration of the Music that IS,

whether individual or collective, is free of any category, definition or role.

The roles of musician, composer, conductor, listener... as well as the definitions of early music classical music, contemporary music... dissolve in the Unity of the Music that IS, which has no prerequisites, no conditions, no aims and no expectations.

The celebration of the Music that IS is a unified act.

Those who create the Music perform a welcoming act and those who receive it participate creatively.

The acoustic manifestation of the Music that IS is the union of the welcoming act and the creative act of all participants.

the Music that IS:

is created in the moment by welcoming the presence of all that IS in that moment

can be welcomed and created by everyone

is beyond judgement, expectation and purpose

is revealed and celebrated through the practice of conscious listening

Participation in the unfolding of the Miracle of the Music that IS does not require prior assumptions or prior knowledge, but simply the intention to open oneself to the free perception and revelation of what IS. Everyone can receive and create the Music that IS through their own characteristics and abilities, no matter what they are. Someone can participate in the manifestation of the Music that IS by playing a wonderful instrument with great skill and Freedom, someone can participate by remaining silent, someone else by kneading bread or cultivating a vegetable garden, someone else by walking in a forest or travelling while sitting in a train compartment.

Why has humanity increasingly limited its perceptive capacity?

Why has humanity accommodated itself within predefined structures, conventions and patterns?

Why has humanity delegated its power of free reception and free creation of Sound to someone

who decided for it how and what to listen to or play, in what form, quantity and quality?

The experience of a severe lowering of frequencies and "falling" within an extremely dense and fragmentary polar matrix was foreseen for humanity, so that as it lost awareness of Oneness and deluded itself into believing that it was separate from Source and Whole, it experienced a profound imbalance. Through this imbalance humanity experienced a very profound fall, thanks to which it now has the opportunity to rise and recognise itself as One with the Source in a much more powerful and expansive way than would be possible if it had not had this experience.

In order to fully experience this imbalance and lowering of frequencies, humanity has had to lose its perceptive sensitivity to the energy of the Whole, hence also of Sound. The free and spontaneous recognition of the Spirit expressing itself in Sound could not be part of such a closed experience of oblivion and unconsciousness as humanity was experiencing on Earth.

Having lost perceptual sensitivity to Sound, humanity has delegated the reception and manifestation of Music to musicians and composers alone. Humanity has also instrumentalised Music by giving it roles and functions so that it can satisfy certain expectations and be used as a medium to achieve certain purposes.

Purposes and expectations hinder the free perception of Sound that in every moment IS.

Purposes and expectations hinder the recognition of the divine Breath that realises itself through Sound.

Purposes and expectations, then, are the main obstacles to the fulfilment of the Miracle of the Music that IS.

By becoming aware of these obstacles, we can now choose to welcome them with Love, to honour and thank them.

We recognise that it is precisely they, if welcomed and celebrated for the experience they have enabled, that now give us the opportunity to transcend any closure and reopen ourselves to a free and conscious listening to the Music that IS.

**may you open yourselves with Joy to the conscious listening of the Sound, recognising in it the Breath of the Spirit
may you, in every moment, grasp the splendour of the Sound that vibrates within you and in everything around you
may you, by welcoming and creating the Music that IS, rise up and recognise yourself as One with the Whole**

may Music reveal itself, in its eternal presence, in the heart and Spirit of every creature

may Music be free, in the eternity of every moment

infinite act of Love, the Music that IS